



# Kids Can Paddle!

## Canoe Outpost-Peace River Canoe Trip Helpful Hints & Reminders for Youth Group Programs

### Greetings, Peace Paddlers!

We're looking forward to having you and your group as our guests.

**Please call 800-268-0083 to make a reservation or confirm your reservation the day before your trip. Directions to Canoe Outpost-Peace River are available at our website at [www.canoeoutpost.com/peace](http://www.canoeoutpost.com/peace).**

- Upon arrival, park your bus/es next to the Canoe Outpost buses or if you're in cars, park next to the other vehicles already in the lot. Staff member in charge needs to come to office for further instruction.
- Personal items such as radios, games, and backpacks need to be left at the Outpost, either in the picnic area or in your vehicles. Everything that goes in the canoes will get wet.
- Everyone needs to come down to the main office. The leader in charge needs to check in at the main window. Kids and other staff members proceed to the picnic area behind the office by the river to watch the safety video and/or to await further instruction. A staff member will help direct the kids to the picnic area.
- Restrooms are in front of the office.
- If watching the safety video is required, all paddlers are to pay attention. After the video, the "lead" and "drag" canoe (lead and rear canoe) need to be assigned and announced. Lead and drag need to be responsible and mature leaders as the kids need to come down the river between these canoes in order to keep the group together. A staff member will lead a Q & A session for the kids followed by instructions on how to handle the paddles and canoes. After the Q & A and the talk, the kids need to line up and staff will fit them with lifejackets as needed. Kids, 90 lbs. and under, must be fitted with a lifejacket. We have jackets in all sizes in the "ski vest" style. If your group is not required to wear jackets at all times, the standard orange "horse collar" jackets will be provided instead of the "ski vest" style for those over 90 lbs. Everyone must have a lifejacket before leaving the put-in. The orange horse collars will already be on the bus. Vest jackets must be picked up at the Outpost before loading the bus.
- The Canoe Outpost buses will be brought to the kids for loading. Anything going in the canoes with you needs to be loaded at this time. Any large coolers or boxes need to go in the back of the bus. We will transport you upriver to the put-in.
- Once at the put-in, everyone exits the bus/es and proceeds to the back of the bus. Staff or a volunteer from the paddling group will start passing out lifejackets (if not already passed out at office), boat cushions (optional) and two paddles per canoe. The group can then proceed to the canoes that have been laid out by staff and leave per the leader's directions.
- The paddle trip is always downstream back to the dock at the Outpost.
- Swimming is allowed at the dock once all the canoes are in. It is up to the organization and/or leaders. No swimming allowed without adults from the group supervising.
- If doing the Hot Dog Roast, paddlers proceed straight to the picnic shelter to the left of the dock towards the campground. Outpost Staff will be there to supervise.

**What to Bring:** Bring a picnic lunch or snacks and plenty to drink while on the river. If your group is doing the Hot Dog Roast, make sure everyone at least has something to drink while on the river. Other suggested items include: bathing suits, sunscreen, hats, and sunglasses. A change of clothes and a towel to leave at the Outpost for after the trip is not necessary but certainly makes for a more comfortable ride back home.

**Bring the completed sign-up** to the Outpost with you or everyone can sign the day of the trip. Everyone must sign if they can read and write. One line per person, every person needs to be listed.

Thanks again, see you on the river!

Katie, Beth, Trent, & Becky

